

HMHI Neurobehavior HOME Program

Feeding Clinic



About Us

We are a multidisciplinary team providing services through the Huntsman Mental Health Institute HOME program at the University of Utah. Our team consists of behavior specialists, registered dietitians, and speech-language pathologists. We assess and treat feeding difficulties of children, adolescents, and adults.

How It Works

The multidisciplinary team will conduct the initial evaluation. With this evaluation the team will develop a treatment plan to fit the client's individual needs. Sessions will occur weekly for approximately 8-12 weeks, dependent on client and family needs. Clinicians will provide families and caregivers with training and support to incorporate treatment components into home and community settings.

Our Services

We provide virtual & in-person services for behaviors such as:

- Food refusal
- Fear or anxiety related to feeding
- "Picky" eaters or food selectivity
- Disruptive behavior during feeding times
- Rigidity related to texture or brand preferences
- Evaluate risk of aspiration, coughing, choking, or gagging during intake

